

Getting to the Trailhead

Take Lillooet Road North. Turn left on Inter River Park Drive (beside the equestrian centre). Turn left onto Premier Street. Park in lot by Lacrosse Box.

Trailhead

- Start at Inter River Park.

Sea to Sky Trail

- Head North past the washrooms.
- Paths heads down on left to T-junction near trestle bridge.
- Turn RIGHT and follow wide trail.
- Stay LEFT onto the Sea to Sky trail that follows the creek.

Baden-Powell

REGROUP

- At junction of Baden-Powell (post indicating 0.5K to Lillooet Rd), keep RIGHT onto Baden-Powell heading towards Lillooet Road.
- Cross Lillooet, continue along B-P.
- Follow down hill and cross bridge to Riverside junction.

REGROUP

- Turn LEFT onto Fisherman's, then RIGHT onto Baden-Powell.
- Follow trail to Hyannis Drive.
- Cross Hyannis Drive and continue on Baden-Powell to junction with Bridle Path (big rock). Cross rock.
- At T-junction (big sign), turn LEFT to stay on Baden-Powell (this section also known as Seymour Grind).
- Follow trail to nearly top of climb.
- Take short connector trail on LEFT to get to Powerline. If you arrive at Severed Dick sign, you have gone too far but just go LEFT to get to Powerline.

REGROUP

Powerline

- Turn LEFT onto Powerline.

- Head downhill to Forever After (on left).
- Turn LEFT onto Forever After & descend.

HSL Trail (DOWN TRACK), Hyannis

- At intersection with Bridle Path you will cross Bridle to get onto **High School League DOWN TRACK**.
- Follow HSL Down Track to T-junction with Hyannis.
- Turn LEFT on Hyannis.
- Follow trail onto Hyannis Road and turn RIGHT onto Baden-Powell trail.

Note: If you get lost on HSL and end up on Baden-Powell, just go downhill on B-P and cross Hyannis Road.

REGROUP

Baden-Powell

- Follow B-P to Fisherman's.
- Turn LEFT onto Fisherman's.
- Turn RIGHT, cross bridge and ascend B-P.
- Turn LEFT onto the Powerline service road at the top of the switchbacks.

Powerline Service Rd to Lillooet

- Follow service road to Lillooet Rd.
- Turn LEFT onto the Berm
- Follow Berm to cross walk and cross to small parking lot.

Cemetery to finish

- Follow path behind parking lot to Cemetery.
- Follow cemetery road onto Lillooet Rd.
- Turn RIGHT onto Inter River Rd.
- Turn LEFT onto Premier Rd.
- Turn RIGHT into parking lot.

14K FINISHED - STRETCH

