

Getting to the Trailhead

Take Lillooet Road north into the park (LSCR) to parking lot at end of road, about 3 km from Capilano University. Drive past washrooms and Watershed Education Centre to the gravel parking lot. We meet in the gravel parking lot.

Trailhead

- Start at gravel parking lot.
- Head past Gazebo onto Suspension Bridge trail.

Suspension Bridge Trail to Lillooet Road

- Head along trail.
- Turn left onto the Lillooet Road connector trail just before going downhill.

Filtration Pond and Lillooet Trail

- Cross Lillooet Road, through parking lot and head around the filtration pond (keep pond on your right).
- Stay on trail to the bottom of the pond. It makes an S curve, veers right and comes to the Twin Bridges Trail (sign indicates 1 km, Lillooet Trail).

REGROUP

Twin Bridges Trail

- Turn RIGHT and head down Twin Bridges Trail.

Fisherman's

- Turn left onto Fisherman's.

Homestead

- Turn LEFT onto Homestead.
- At top go by Watershed Education Center, washrooms and head to Gazebo.

REGROUP

Rice Lake

- Take first RIGHT onto Rice Creek Loop Trail and follow trail along lake (lake will be on your left).
- Watch for signpost to Lynn Headwaters Connector. Keep RIGHT towards the connector.

Lynn Headwaters Connector

- Turn RIGHT onto Lynn Headwaters Connector.

Lynn Loop

- Take the next RIGHT onto Lynn Loop (at kiosk).
- Begin ascent on Lynn Loop.
- Keep left on Lynn Loop Trail until you come a T-junction with the Lynn Loop Connector.

REGROUP

- Turn LEFT and descend the connector.

Lower Lynn Loop Trail

- Turn LEFT at bottom of connector onto Lower Lynn Loop Trail (Lynn Creek is on your right).
- Continue along the trail until you come to bridge at Lynn Headwaters Park.
- Cross bridge.

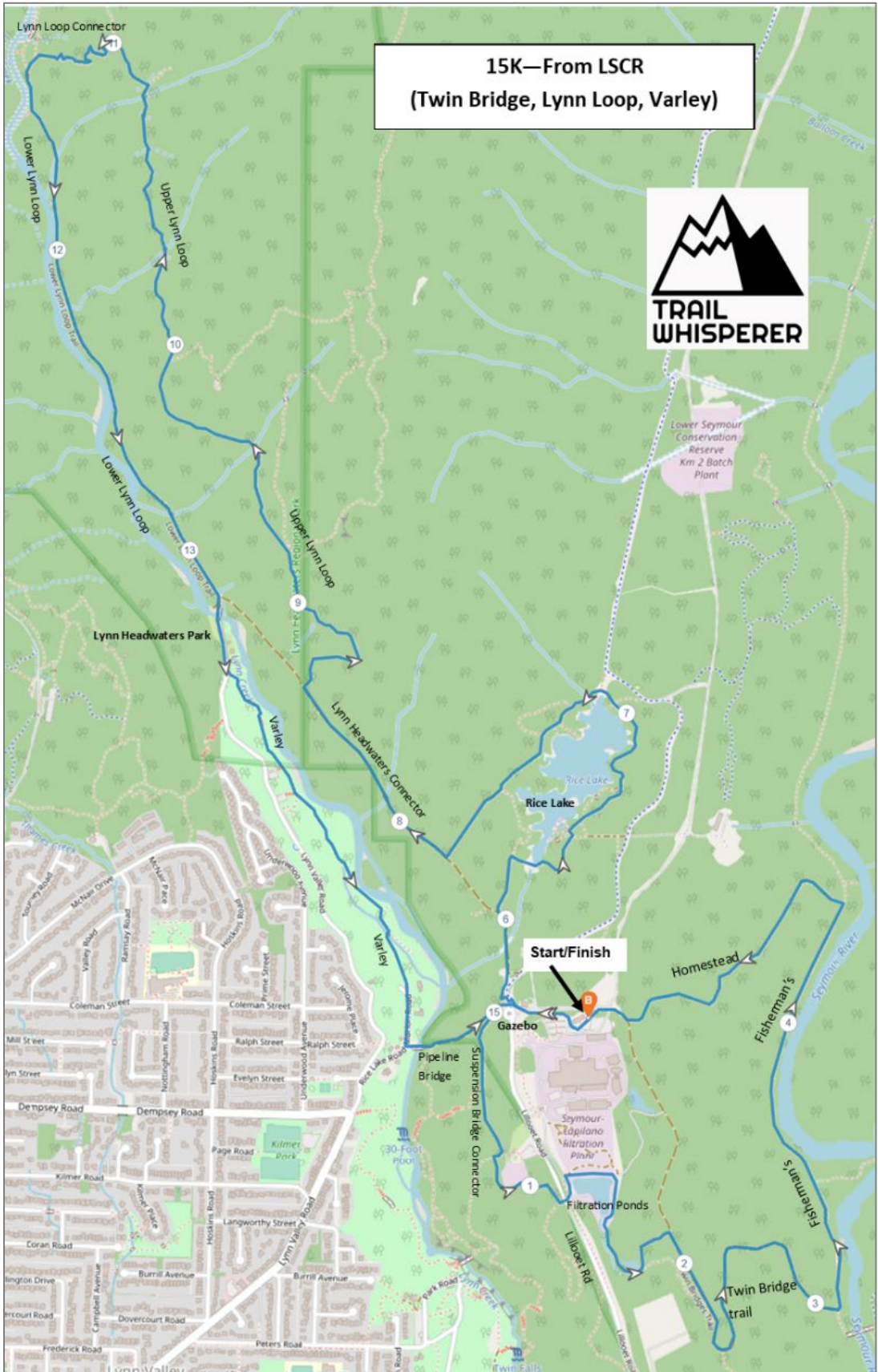
Varley Trail

- Run through first parking lot (watch for cars).
- Turn LEFT onto Varley Trail (at end of first parking lot).
- Follow Varley onto Marion Road.
- Turn LEFT over Pipeline Bridge.

To Suspension Bridge Trail

- Keep straight after crossing bridge.
- Head up the hill and pass the Gazebo.
- Follow trail back to the parking lot where you started.

15 km FINISHED – STRETCH



**15K—From LSCR
(Twin Bridge, Lynn Loop, Varley)**



Lower Seymour
Conservation
Reserve
Km 2 Batch
Plant

Start/Finish