

### ***Getting to the Trailhead***

Follow Mount Seymour Parkway to Berkley. Turn left onto Berkley and head all the way to the end of the street. Park near the sports field at top of Berkley. **Do NOT park at the little lot beside the sports field.**

### ***Trailhead***

- Find Baden-Powell Trail on south side of Hyannis Drive.

### ***Baden-Powell***

- Take Baden-Powell until you come to the intersection of Fisherman's, turn right.

### ***Fisherman's to Bridle Path***

- Follow Fisherman's Trail to Bridle Path.
- Turn right up Bridle Path.

### **REGROUP**

### ***Bridle Path***

- Turn left at Y-junction and come to plateau with signpost.
- Turn right to stay on Bridle Path and you come to the bridge at Baden-Powell.

### ***Baden-Powell***

- Turn left onto Baden-Powell and you reach the kiosk intersection at Bridle Path.

### **REGROUP**

### ***Bridle Path***

- Turn right and stay on Bridle Path as far as Cardiac Bypass.

### ***Cardiac Bypass***

- Follow Cardiac to the T-junction, turn right and stop at the **large burned-out stump**.

### **REGROUP**

### ***Bridle Path***

- Head down on Bridle Path.
- Stay on Bridle Path and return to the kiosk at Baden-Powell.

### ***Baden-Powell***

- Turn left and cross the **big rock**.
- Go straight on Baden-Powell to get back to Hyannis Drive.

### **STRETCH**

