

(Revised: February 2023)

## **Start/Finish**

Inter River Park

## **To Diamond Trail**

### **Watch for Traffic-Obey Marshals**

- Turn LEFT onto Premier Street.
- Turn RIGHT onto Inter River Drive.
- Turn LEFT onto the path beside Lillooet Rd.
- Keep straight onto old cemetery Rd.
- Take bark mulch trail

## **RUNNERS: Baden-Powell & Berm**

- Stay LEFT around parking lot and turn onto Diamond.
- At T-Junction, turn RIGHT onto Baden-Powell.
- Follow to Lillooet Rd & cross road.
- **Watch for Traffic-Obey Marshals**
- Turn LEFT onto Berm (East side of Lillooet Rd).

## **BIKES: Berm**

### **Watch for Traffic-Obey Marshals**

- Obey marshal and safely cross Lillooet Rd onto Berm.
- Turn LEFT and continue along Berm to Filtration Ponds.

## **ALL: Twin Bridges**

- At Filtration Ponds head through small parking lot and follow trail around the two ponds.
- At T-Junction, turn RIGHT onto Twin Bridges trail.
- At bottom of hill, cross bridge. **AID STATION**

## **Mystery Creek & Powerline**

- Turn RIGHT after bridge onto Fisherman's trail.
- Take the third LEFT onto Bridle Path trail and begin ascent.
- At top of climb keep LEFT (Bridle and Hyannis become one trail for a short distance).
- At T-junction (post) keep LEFT to stay on Hyannis.
- Follow to junction onto Powerline (look up – see the Powerlines?)
- Turn LEFT and go over bridge.

## **Greenland & Bottletop**

- Turn RIGHT at next trail to get to Greenland.
- Keep straight at intersection with Ned's Atomic Dustbin.
- Keep straight across connector trail.
- At junction with Bottletop and Ridge Runner, keep RIGHT onto Bottletop.
- Follow Bottle top back to Fisherman's (T-Junction).

## **Fisherman's**

- Turn RIGHT onto Fisherman's towards the bridge.  
**AID STATION**
- Cross bridge and turn LEFT to begin climb up Twin Bridges trail.

## **To the Berm**

- Watch for first trail on the left.
- Turn LEFT and follow trail around the Filtration Ponds.
- Cross small parking lot and head South on the Berm.

## **RUNNERS: Baden-Powell & Diamond**

- At intersection with Baden-Powell, turn RIGHT and cross Lillooet Rd.
- **Watch for Traffic-Obey Marshals**
- Continue along Baden-Powell.
- Turn LEFT onto Diamond.
- Follow Diamond to small parking lot (keep right around lot).

## **BIKES: Berm**

- Head down Berm to crossing into Cemetery.  
**Watch for Traffic-Obey Marshals**
- Obey marshal and safely cross Lillooet Rd onto Berm.

## **To Finish**

- Take bark mulch trail onto cemetery road.  
**Watch for Traffic-Obey Marshals**
- Follow cemetery Rd onto Lillooet Rd path.
- Turn RIGHT onto Inter River Drive.
- Turn LEFT onto Premier Street.
- Turn RIGHT to finish line.

