

## **Start/Finish**

Lower Seymour Conservation Reserve

## **Baden-Powell**

- Head south on Suspension Bridge Trail
- Stay on trail heading downhill to Suspension Bridge.
- Keep straight at Suspension Bridge (now on Baden-Powell) and left at Twin Falls bridge.
- Through marsh and up the long set of stairs.
- At top of stairs, turn LEFT to stay on Baden-Powell.
- Cross Lillooet Rd and stay straight on B-P down the hill to Fisherman's.

## **Fisherman's & Bridle Path**

- After crossing foot bridge, turn LEFT onto Fisherman's.
- Take second RIGHT onto Bridle Path and begin climb.
- Keep left on trail (turns into Hyannis) all the way to Powerline.

## **To Bottle Top**

- Turn LEFT at Powerline and cross Mystery Creek bridge.
- Take first RIGHT heading towards Ned's.
- Stay STRAIGHT at intersection (now on Greenland).
- Trail curves then dips into a gully. Cross gully and follow trail up short hill. At top, turn RIGHT onto Bottle Top.
- Follow Bottle Top to Fisherman's.

## **Fisherman's & Homestead**

- Turn RIGHT onto Fisherman's and cross the Twin Bridge.
- Keep right after bridge onto Fisherman's alongside Seymour River.
- At next T-Junction, turn LEFT and begin climb up Homestead.

## **To Finish**

- At top of climb, turn LEFT onto Twin Bridges trail.
- Turn RIGHT on the next trail leading to the filtration ponds.
- At large ponds stay right and follow around pond to Lillooet Rd.
- Cross Lillooet Rd and follow trail to the next T-Junction.
- Turn RIGHT and head back towards the Gazebo and finish line.



# The Phantom Run – 12K Route

(Revised: November 5, 2021 – Change Aid Stations)

